



# Community Foundation of Southeast Kansas

*The Charitable Connection*

Volume 5, Issue 2

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December 2007

## *Community Foundation*

## *Awards 2007 Grants*

On behalf of the Board of Trustees of the Community Foundation of Southeast Kansas, we are pleased to share with you our Fall 2007 grantees. The CFSEK released a record \$58,540.28 during its Fall Grant Cycle. We are very fortunate to have many wonderful agencies and organizations make their home in southeast Kansas. We are honored to play a role in their continued success.



**Wesley House:** To be used to purchase food and supplies for the 2008 Children's Summer Food Program. This program serves low-income families in Crawford County that have children ages 1-17.

**Salvation Army:** To provide meals, transportation expenses, and education materials for the Youth Character Building Programs in the upcoming year. This program is for Crawford County children ages 5-18.

**Pittsburg Beautiful:** Funds to be applied to the "Work of Art" project in conjunction with the city streetscape projects.

**Big Brothers Big Sisters of Labette County:** To be used for three "Match Events" to increase public awareness, recruit volunteers, and to provide social interaction for the participants. The funds will also be used to provide background checks on the new volunteers. This program serves at risk children in Labette County ages 5-17.

**Woman 2 Woman:** To purchase school supplies, clothing, and Christmas gifts for

underprivileged children ages 5 to 18. This project serves all schools in Crawford County.

**Big Brothers Big Sisters of Bourbon County:** To be used for three "Join the Fun Activities" to increase public awareness, recruit volunteers, and to provide social interaction for the participants. This program serves at risk children in Bourbon County ages 5-17.

**Big Brothers Big Sisters of Crawford County:** To be used for three "Join the Fun Activities" to increase public awareness, recruit volunteers, and to provide social interaction for the participants. The funds will also be used to provide background checks on the new volunteers. This program serves at risk children in Crawford County ages 5-17.

**Family Resource Center:** To replace seven outdated air conditioners in child care classrooms. The Center is a comprehensive childhood center that serves children in Crawford County from infancy to 12.

**Women's Resource Center:** To provide training for the "Mentoring Men" program. This program is designed to help men better understand their role as a father as a protector and provider for their child. The program is for men, but will benefit low-income families in Crawford County.

**New Hope Special Olympics:** To help provide sports activities for those with developmental disabilities in Crawford County.

**Covenant Harvest Church, "Operation Car Care":** To provide materials for "Operation Car Care," an event for single mothers and single women in Crawford County needing help with car maintenance (oil change & safety inspection).

**Bourbon County Inter-Agency Coalition:** To fund the "Network for Families Fund" to provide financial assistance with rent, utilities, medical, and emergency support for low-income families in Bourbon County.

**Pittsburg Community Theater:** To provide funding for personnel, guest lecturers, sets, costumes, props, daily snacks, and/or advertisement for the Summer 2008 Children's Drama Workshop in Pittsburg, KS.

**Mt. Carmel Regional Medical Center:** To fund the "Prescription Assistance Liaison" program that provides immediate medication assistance to uninsured or underinsured children and families residing in Southeast Kansas.

**USD 250, PHS Encore:** To be used for student concert participation fees for a performance at Kennedy Center in Washington D. C. May 21-25, 2008. PHS Encore is comprised of high school students, ages 14-18, at Pittsburg High School.

**Christ's Community Church:** To provide funding to purchase food for the "Food Box Ministry." This program serves families in emergency situations in Southeast Kansas with food for a week.

**Pittsburg Area Chamber of Commerce Foundation:** To fund the 2008 Youth Leadership Celebration, including the recognition of all students, guest speaker, and t-shirts. The Youth Leadership Program includes all sixth grade students in Crawford County.

**USD 404:** To fund "W.O.W. – Walk Off the Weight!" a program to promote, practice, and empower residents in Riverton, Garden, Spring Valley, and Lowell (Cherokee County) to make a lifelong commitment of time and effort to step their way to health, weight loss, and fitness. This is a walking program for residents of all ages that will also be supported through journaling in the schools, and a community fair.

**Catholic Charities:** To provide funds for utility assistance, baby supplies, prescription assistance, gas vouchers to help the unemployed secure and retain new employment, and materials/workbooks for free parenting classes for low income families and individuals in Crawford County.

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Pictured on the right are the Dragons Fired Up for Change on the evening of the Pittsburg Christmas Parade. The girls walked in the parade for physical activity and passed out tips for healthy eating along with pencils donated by Mt. Carmel Regional Medical Center in place of candy. We are proud to see them making simple, healthy choices, and we applaud their efforts to share their knowledge.



## ***Nutrition & Physical Activity Project***

**\$27,560.00 Awarded in NPA Grants in 2007!** Congratulations to all of our grant recipients in 2007. As a part of the Fall Grant Cycle, CFSEK awarded grants to the following groups for the programs that help motivate and support nutrition and physical activity in daily life:

**Kids First Daycare:** To purchase cooking supplies and food for lessons on nutrition and for healthy snacks, and play equipment for age-appropriate physical activities. All materials will be used for a six-week "Healthy Kids" unit, and will be accompanied by newsletters to the parents of each child. This program will serve 54 children from infancy to six years of age in Crawford County.

**USD 248:** To provide pedometers, journals, nutritional activities, and food for "Healthy Mentoring." This program pairs high-school students with elementary and middle school students for weekly meetings and activities aimed at living a healthy lifestyle. "Healthy Mentoring" will serve approximately 30 high school students and 30 middle school and elementary school students in Crawford County.

**SEK Interlocal 637:** To purchase cooking supplies and food for lessons on nutrition and to provide healthy snacks, and a mini-trampoline with DVDs for Preschool, age-appropriate physical activities. "Healthy Beginnings" will serve 24 preschool students, 12 of whom have special needs in Crawford County.

**Restorative Justice Authority:** To fund "Active, Healthy, and Ready to Learn." This program will incorporate the promotion of healthy lifestyle changes into an existing behavioral change program for adolescents

ages 11-18 in Crawford County enrolled in the "On the Right Track Program."

### **Health and Wellness Committee of the Crawford County Community**

**Coalition/USD 250:** To sponsor the Crawford County School Wellness In-service in August of 2008. This county-wide in-service will present wellness speakers for the for the adaptation of healthy lifestyle practices into the schools and lives of the staff, as well as for evening workshops for community members and parents to apply the same practices at home.

**USD 250 PCMS:** To fund "Dragons Fired-Up for Change," a 30 week, intramural program for walking, cooking, and education. The program will be available to all female students in grades 6, 7, and 8 at Pittsburg Middle School, and will offer education and motivation through activities and rewards for participation.

### **Health and Wellness Committee of the Crawford County Community Coalition:**

Per the recommendation of the Kansas Health Foundation, these funds will help with the administrative and meeting support of the Health and Wellness Committee in their efforts to create a community plan for the health and wellness of Crawford County. These funds will also include support for a web-site, and Leadership Training for two members of the committee.



**CFSEK's Featured Website:** We recommend the following website for small changes that can make a big impact on your health and wellness: **[www.smallstep.gov](http://www.smallstep.gov)**. The section on Portion Control is especially helpful for holiday eating and travel!

# ***Children's Advocacy Center Donation***

This holiday season, CFSEK was happy to be a part of two gifts made to the Children's Advocacy Center. The Future Fund granted \$1,300.00 to CAC for the purchase of outdoor play equipment to be constructed with the help of the Sunflower Kiwanis. CFSEK was also pleased to award CAC a gift from an anonymous donor in the amount of \$2,935.72.



Sandy Morris, CAC; Ron Marrone, CFSEK; and Mark Johnson, Sunflower Kiwanis



Sandy Morris, and Ron Marrone



Kim Clark, CFSEK; Sandy Morris, CAC; Marcia and Dave Sorrick, Future Fund.

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