



# Community Foundation of Southeast Kansas

## *The Charitable Connection*

Vol. 7, Iss. 2 - 100 S. Broadway, Suite 100 - P.O. Box 1448 - Pittsburg, KS 66762 - 620-231-8897 - November 2009  
[www.southeastkansas.org](http://www.southeastkansas.org)

## CFSEK to Host 2009 Non-Profit Expo

***'Tis the Season...***The Community Foundation of Southeast Kansas is excited to host a new event for non-profits in southeast Kansas with the inaugural 2009 Non-Profit Expo. The purpose for the expo is *to promote the work of non-profits in southeast Kansas and their impact on our communities.*

*'Tis the Season...* will be held on Thursday, December 3, 2009 from 5 pm to 7:30 pm, at Parrott Bey, 408 N. Locust, Pittsburg, KS. The CFSEK would like to extend the invitation to our community at large to learn more about the non-profits in our area and the services they provide. The CFSEK would also like to extend an invitation to any religious, school, civic, or youth organization looking for local volunteer opportunities.



### Non-Profits Currently Registered for *'Tis the Season...*

Family Life Center - United Way - Franklin Community Council - Pittsburg Public Library - Angels Among Us - The Stilwell Foundation - Health and Wellness Advisory Board of Cherokee County - Pittsburg Beautiful - Fort Scott Area Community Foundation - Girard Public Library - Mother to Mother Ministry of Pittsburg - Credible Arts Therapies - Big Brothers Big Sisters of Crawford Co. - Pittsburg Fireworks Show

In the spirit of giving during the holiday season, the CFSEK will hold a raffle for all attendees. The raffle prizes will be gifts of \$100, \$200, and \$300 to be donated to the charity of the winner's choice. For more information about *'Tis the Season...* please contact Program Director Stephanie Joiner at 620.231.8897, or [stephanie.joiner@southeastkansas.org](mailto:stephanie.joiner@southeastkansas.org).

## CFSEK Attends the KACF Annual Conference:

Board Chair Richard Oler, Executive Director Kim Clark, and Program Director Stephanie Joiner recently attended the Kansas Association of Community Foundations Annual State Conference in Wichita, KS. Also traveling with the CFSEK, was Janet Braun, Board President for the CFSEK affiliate The Fort Scott Area Community Foundation.



Conference attendees were participated in continuing education sessions by national and local experts in the areas of: best practices in governance, marketing and public relations, community leadership, gift planning, and charitable remainder unitrusts. Kim Clark expressed the benefit of attending the KACF Conference: "The Annual Conference gives the CFSEK an excellent opportunity to brush-up on best practices that allow the Board and Staff to provide the best possible services to our donors and the charitable agencies we work with." Attendees also benefited from the opportunity to network with other community foundation representatives and collaborate on state wide practices and

policies to benefit all communities. For more information about the state association, please visit their website: [www.kansascfs.org](http://www.kansascfs.org).

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## **Nutrition and Physical Activity 2009 Grant Recipients Selected:**

During the 2009 NPA Grant Cycle, the CFSEK utilized the Health and Wellness Committees formed in each county to determine an area of focus for their county's grant applications. The CFSEK used this process as a way to create greater impact in each county. The following is a list of grant recipients for the 2009 NPA Grant Cycle:

**Class LTD:** To fund "Fall into Habits," an two event-program created with a partnership with PACE to support healthy nutritional and Physical activity choices. Both events will be open to approximately 400 individuals with intellectual disabilities, their families or guardians, and all Class LTD staff and their families.

**USD 508 – Baxter Springs:** To support a Community Cardio Circuit fitness Class that will be held on USD 508 school grounds for faculty and community members. This funding will help to purchase equipment to support what has been a volunteer program in the past, and to help recruit new attendees.

**1<sup>st</sup> Christian Church, Columbus:** To help support the implementation of a Summer Recreation Program for approximately 35-50 children in Kindergarten through 6<sup>th</sup> grade in Cherokee County. Funds will be used to help create needs-based tuition assistance, and to offset transportation expenses to local activities.

**USD 404 – Riverton:** To help support, "NPA is not for Chickens!" a nutrition and physical activity based program which will be open to students, faculty, staff, and community members of the Riverton school district. The program will hold regular meetings and will use school time for NPA education and practices and is a continuation of the Walk of the Weight program funded by the CFSEK in 2007.

**The Learning Tree:** To fund the continued development of NPA programs by the Visioning a Healthier Bourbon County Committee in Bourbon County through Family Nights at local Community Center and Schools promoting available physical activity opportunities. Events will be held in Fort Scott and Uniontown, and will be open to the public.

**City of Parsons:** To provide matching funds to the City of Parsons for the continued implementation of their "Workplace Wellness" program which assists City employees and their families through Health Fairs, Family Nights, a Weight Maintenance Program, and Company Olympics. This program will be open to the 125 City employees and their families.

**Crawford County Restorative Justice:** To support the "Little Changes Count" program that will incorporate nutritional education into their On the Right Track Program. This program serves approximately 15 at-risk youth to develop better decision-making skills.

**Pittsburg Public Library:** To fund "We Got to Move!" This program will introduce physical activity to library patrons through the use of a wii gaming system, and will incorporate the promotion of positive nutritional choices.

(Continued on page 3)

## 2009 NPA Grants Continued:

**KIDS First Daycare:** To support the continued development of “A Family Affair,” a program that extends the NPA education from the pre-school classroom to the families of the 61 children served in Crawford County. This is a continuation of the NPA program that has been in place and supported by the CFSEK since 2007.

**Pittsburg Family YMCA:** To support the expansion of their “Youth Moves” class. The class will be expanded through the addition of activities that promote positive nutritional choices. CFSEK funds will help to purchase materials needed to begin the nutritional activities, as well as scholarship assistance to offer the class to more youth in Crawford County. This class is for boys and girls between the ages of 8 and 12.

**Pittsburg State University Free Clinic:** To fund the production of nutrition and physical activity pamphlets to the clients of the Free Clinic, hosted by the Wesley House in Pittsburg.

**Southeast Kansas Education Service Center:** To support the “Growing Up Healthy Community Garden Project” for children, adults, and community members of Crawford County. Funds will help purchase supplies for the creation of community garden which will share produce with Greenbush staff, local low-income families, as well as students enrolled in summer classes at Greenbush.

**Mother to Mother Ministry:** To support the “Reflecting on Nutrition and Physical Activities” program. The program will hold monthly meetings to educate economically disadvantaged mothers how to make affordable nutritional choices for the families, and will provide low-cost opportunities for physical activities. All participants will be required to set and meet NPA goals as a part of their participation in the program.

## Future Fund has Football Fever!

The Future Fund, a Giving Circle managed by the Community Foundation of Southeast Kansas, hosted its annual fall meeting on October 24. The fall meeting, Football Fever, was held at Fat Daddy’s Flat Top Grill and gave the Future Fund membership an opportunity to vote on grant selections for their 2009 Grant Allocation. The following is the list of recipients for the 2009 Future Fund Grant Cycle:

**Mt. Carmel Regional Medical Center:** Car Seats for Needy Newborns

**Colonial Fox Theatre Foundation:** CFTF Shamrock Festival, Storyteller for Elementary Schools



**Big Brothers Big Sisters of Crawford County:** Get Fit Triathlon

**First Christian Church:** Pittsburg Community Garden

**Ozark Trails Council, Boy Scouts of America:** Scouting for Food

**Elm Acres Foundation:** Treatment Works!

**Crisis Resource Center of Southeast Kansas:** Wii are Rebuilding our Relationship

For more information about Giving Circles with the CFSEK, please contact Program Director Stephanie Joiner at 620.231.8897 or [stephanie.joiner@southeastkansas.org](mailto:stephanie.joiner@southeastkansas.org).

## CFSEK Partners with Mt. Carmel Foundation and PSU to Host Seminar:



The CFSEK, Mt. Carmel Foundation, and PSU hosted “Charting the Course,” a free, public seminar on October 27, 2009. The purpose of the seminar was to educate local citizens about drafting a will or trust that works, health care directives and durable powers of attorney, long term care, life insurance, and charitable giving.

Held at the Pittsburg Public Library, the seminar was the first collaboration between the three entities. CFSEK Executive Director Kim Clark believes this type of collaboration was a wonderful first step in working with Mt. Carmel and PSU: “We hope to continue to develop and grow this annual event for the citizens of our communities.”

During the seminar, participants were given a basic introduction to estate planning, as well as information about the three sponsoring entities. “Our main goal was to educate citizens about long term planning, and alleviate fears about that process. Everyone has an estate, and everyone needs to consider how they want that estate handled in the long term,” said Clark.

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